















Parent Resource Centre's Playgroup Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:00- 11:30 Playgroup (E) Caregivers (0 to 6 years)  Toy Library	Reprendra : le 26 février 9:00- 11:30 Groupe de jeu francophone (F) (Grandir Ensemble)  Joujouthèque	9:00- 11:30 Playgroup (E) Parents (0 to 6 years)  Toy Library	9:00 – 11:30 Active Play (E) Open to All (0 to 6 years)  Toy Library	10:00 – 11:30 **Open to all** No facilitator  Toy Library	9:00- 11:30 Playgroup Open to All  Toy Library	<p>The Parent Resource Centre (PRC) provides programs for children to explore and develop new skills in a safe and fun environment while their parents, grandparents and caregivers connect.</p> <p>Legend (E): English Program / (F): French Program/ (A): Arabic</p> <p>No Facilitator: Staff is on site for support or questions but not leading sessions</p> <p>Caregivers Only: Children who are accompanied by caregiver or grandparents welcome</p> <p>Parent Only: Children who are accompanied by their parent, grandparent or guardian welcome</p> <p>Open to All: Children who are accompanied by either parents, grandparents, guardians or caregivers welcome</p> <p>Toy Library: Borrow toys and resource books for home</p> <p>Baby Cupboard: Supplies available based on donations</p>
9:00 – 3:00 Baby Cupboard	Start Date February 5 1:00 – 3:00 Family Wellness Circle (0-6 years) (E)   Pre-registration required	9:00 – 3:00 Baby Cupboard	9:00 – 3:00 Baby Cupboard			
12:30 – 2:00 More 2 Love (E) Multiples Playgroup 1st Monday/Month Start: February 4 Facilitators: Erin/Niuma (0 to 18 months) <i>Bring your lunch and eat with us</i>  Playgroup (E) **Open to All** (0 to 6 years)		Start: March 20 2:00 – 3:00 Sensory and Songs Facilitator: Niuma (0 to 12months)  Pre-registration required	Start: January 10 12:30 – 2:00 Baby Group (E) Parents Facilitator: Niuma (0 to 18 months)  Toy Library			
Community Playgroups (open to all) located offsite:						
		9:30 – 11:30 Playgroup (E & A) Carsons Community House 710 Carsons Ave. (0 to 6 years)	9:30- 11:30 Playgroup (E & A) Meeting Room at 450 Laurier Ave, W (0 to 6 years)	9:00- 11:00 Playgroup (E) Dalhousie Community Centre 755 Somerset St. (0 to 6 years)	 Talk to us about booking your birthday party at PRC!	<p>For more information or to register for programs or workshops visit www.parentresource.ca 613-565-2467 x 240 or email us at information@parentresource.ca</p>