



PRC PLAYGROUP SCHEDULE

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	<p>WE HAVE PLAYGROUPS!</p> <p>The PRC provides EarlyON programs that allow children to explore and develop new skills in a safe and fun environment while parents, grandparents, guardians and caregivers connect.</p> <p>WE HAVE TOYS!</p> <p>Play is one of the most important aspects of early development. With our free PRC Toy Lending Library, children can bring home a toy for a two-week period. We love seeing the excitement that borrowing from our library brings to your children's faces!</p> <p>WE HAVE RESOURCES!</p> <p>The PRC Resource Library has many wonderful materials to help families learn and grow together. Come visit! We have books for children about animals, bugs, space, dinosaurs, etc... And we have resources for you too -- on early childhood, parenting, self-care, yoga, family health, and so much more... Speak to a PRC staff member about borrowing today!</p> <p>For more information on PRC services, Toy and Resource Libraries, or to REGISTER for programs or workshops...</p> <p>Visit: www.parentresource.ca Call: 613-565-2467 x 240 Email: information@parentresource.ca</p>
9:00 – 11:30 am	9:00 – 11:30 am	9:00 – 11:30 am	9:00 – 11:30 am	9:00 – 11:30 am	9:00 – 11:30 am	
<p>Caregiver Only Group (0 – 6 years)</p> <p>Facilitator: Erin</p> <p><i>Children accompanied by a caregiver (e.g. home daycare provider) or grandparent are welcome.</i></p>	<p>Groupe de jeu francophone (0 à 6 ans)</p> <p>Facilitateur: Grandir ensemble</p> <p>Venez jouer et apprendre en Français!</p>	<p>Parent Only Group (0 – 6 years)</p> <p>Facilitator: Erin</p> <p><i>Children accompanied by a parent, grandparent, or guardian are welcome.</i></p>	<p>Active Play Group (0 – 6 years)</p> <p>Facilitator: Erin</p> <p><i>Join Erin for a morning of fun and active play, designed to engage the large muscles of the body.</i></p> 	<p>Open Drop-In (0 – 6 years)</p> <p>No Facilitator</p> <p><i>Children accompanied by a parent, grandparent, guardian or caregiver are welcome. Staff are on-site for support and questions, but not leading sessions.</i></p>	<p>Saturday Group (0 – 6 years)</p> <p>Facilitator: Neema</p> <p><i>Join Neema for a Saturday morning of fun and play – children can explore and develop new skills in a safe and fun environment!</i></p>	
	<p>11:00 am – 12:00 pm</p> <p>Sensory & Songs (Boardroom) (0 – 12 months)</p> <p>Facilitator: Neema</p> <p>Registration required: 613-565-2467 ext. 226</p>					
<p>12:30 – 2:00 pm</p> <p>More2Love Multiples (0 – 18 months)</p> <p>Facilitator: Erin</p> <p>FIRST MONDAY OF EVERY MONTH</p> <p><i>Multiples (twins, triplets, and beyond) accompanied by a parent / grandparent are welcome! Please bring your lunch and eat with us!</i></p>	<p>Family Wellness Circle (0 – 6 years)</p> <p>Facilitator: Belinda</p>  <p>Registration required: 613-565-2467, or blarente@onwa.ca</p>	<p>Open Drop-In (0 – 6 years)</p> <p>No Facilitator</p> <p><i>Children accompanied by a parent, grandparent, guardian or caregiver are welcome. Staff are on-site for support and questions, but not leading sessions.</i></p>	<p>Baby Group (0 – 18 months)</p> <p>Facilitator: Neema</p> <p><i>Parents and infants are welcome to connect and share stories, while receiving support from one of our child development specialists.</i></p>	<p>COMING SOON: <i>Arabic</i> عربي Group, Evening Group, Baby Sign Language, AND Music, Movement & Massage...</p> <p>WE VALUE YOUR FEEDBACK: <i>Let us know how we're doing, and feel free to share your ideas for future groups!</i></p> <p>Our Baby Cupboard is available to participants in our programs (and on our waitlist) who are in need of emergency baby supplies (e.g., diapers, formula, clothing, toys, toiletries). Speak to a PRC staff member (Monday – Friday between 9:00 a.m. and 3:00 p.m.) for access.</p>		
<p>9:00 am – 3:00 pm</p> <p>Baby Cupboard</p> <p>Toy/Resource Library</p>	<p>9:00 am – 3:00 pm</p> <p>Baby Cupboard</p> <p>Toy/Resource Library</p>	<p>9:00 am – 3:00 pm</p> <p>Baby Cupboard</p> <p>Toy/Resource Library</p>	<p>9:00 am – 3:00 pm</p> <p>Baby Cupboard</p> <p>Toy/Resource Library</p>	<p>9:00 am – 3:00 pm</p> <p>Baby Cupboard</p> <p>Toy/Resource Library</p>	<p>11:30 am – 12:00 pm</p> <p>--</p> <p>Toy/Resource Library</p>	